

Dumpling dough

by Valentina Tomme

Ingredients

Ingredient	Amount
Water	~330ml
Egg	1
Salt	3/2 - 2 tspn.
Flour	1kg

Instructions

1. Knet
2. Seal air-tight
3. Let sit for 3 hours
4. Knet
5. Consistency should allow for handling without additional flour (otherwise add some flour for handling)

Nutrients

Nutrient	per 100g	Total
Energy		
Carbohydrates		
Dietary Fiber		
Sugar		
Fat		
Saturated Fat		
Trans Fat		
Cholesterol		
Sodium		
Protein		
Vitamin A		
Vitamin C		
Calcium		
Iron		

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